



MARKET ALTERNATIVES, LLC

Market Alternatives, LLC presents the 5th Annual Run For The Red 5K Saturday JUNE 12, 2010



American Red Cross

Wayne County Chapter

Entry: \$12.00 Pre-Registration (Postmarked by 6/11/10) / \$15.00 day of race

Registration: begins at 8:00 a.m. at the Central Park Gazebo, Main St., Newark NY

Race Time: 9:00 a.m.

Course: accurately wheeled 5K (5000 meter) course

USATF Course Number: NY10008JG

Awards: immediately following race to OVERALL MALE & FEMALE finishers (\$50.00 cash) and first three finishers in each age division (medals)

Age Divisions: Male and Female:

Table with 3 columns of age groups: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-59, 60-69, 70-79, 80 & Over

Parking: available in lot behind Central Park and along East Ave.

Restrooms: Alex Eligh Community Center

Refreshments: FREE, before and after the race

Water: on course and at finish

T-shirts: to the first 125 Run/Walk entrants

Door Prizes, 5K Run Awards, Acknowledgements at 10:00am ceremony at Central Park Gazebo.

For further information call the American Red Cross at 315-331-3783



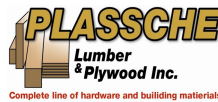
K&D Disposal Newark, NY



THANK YOU SPONSORS



George E. Denniston Agency



Please complete form and mail with a check payable to:

American Red Cross 400 S. Main St. Newark, NY 14513

RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT:

- 1. The risk of injury from the activities involved in this program is significant... 2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS... 3. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS the American Red Cross...

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ ZIP \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_

circle: Male Female Age (event day) \_\_\_\_\_ Shirt Size - circle: Adult L or XL

Signature

Parent or Guardian if under 18